

London, 25 May 2010

Dear Denise

I cannot speak highly enough of the combination of assessments that you provide on the gold programme as pieced together they provide an amazing insight. This, mixed with your knowledgeable, helpful and patient coaching is a potent mixture for instigating change.

For the first time I feel assertive about who I am at work and, importantly, who and what I am not. I feel confident in my abilities and released from the need to be anything other than myself in defining and enjoying my future career.

It took me over a year to take the step of booking my sessions with you and I can't speak more highly of the tailored support you offer. You have enabled me to move from a jumble of thoughts and complete lack of career clarity to discovering more about what I'd like to spend my time doing. I wish I'd done this ten years ago!

The structured approach you provide will be of use throughout my career and you have given me tools to take a step-by-step approach to taking action. Your personable and empathetic approach is invaluable, and I appreciated your help in my progress through the programme.

Thank you so much for our sessions. Whilst technically I've finished the gold programme the self knowledge and skills I have gained is continuing to help define me in more of my life than solely my career. The assessments have clarified my abilities, career interests and character and helped me understand myself more profoundly than I'd anticipated.

I will continue to recommend you to my friends, and I will not hesitate to ask for your support should I need further career-related advice or support in the future.

Best wishes

Colette